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Sussex Cyclists' Association



Established 1921

Open 2 Up Team Time Trial (28.5 Miles)

for

Road and TT Bikes

Sunday 23rd May 2021 start 07:31 am

NOTE START TIME IS EARLIER THAN ADVERTISED

Course GS/987

Event Secretary: James Stone

31 Oxen Avenue, Shoreham By Sea, West Sussex BN43 5AF

Email: jamesestone48@gmail.com

Tel: 01273 453071 (or 07880 344838 on day of event)

Time Keepers ;

START; Mrs Mandy Buxton (Brighton Excelsior)

FINISH; Mr Mick Irons (Worthing Excelsior)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steyning Centre

The Steyning Center
Fletchers Croft
Steyning
West Sussex
BN44 3XZ

For SAT NAV use BN44 3YL

Open from **06:00** for use of WC only.

Numbers and sign on will be in the car park



Turn off the A283 into Steyning. Proceed to the High Street and turn into Church Street at the Mini RAB in Steyning High St. the HQ is on the RHS opposite the Church.

For all riders, Please allow sufficient time to get to the start (approximately 10 Mins)
For later starters please give way to earlier riders already completing their first lap.
Any additional hazards will be listed at the signing on point, all riders please take note.
The finish is approximately 3 miles from the HQ.

Route to start:

From HQ Turn Left into Church Street then turn right into the High St at the mini RAB. Follow road to T junction with A283. Turn left and then Immediately take the next Right. Start is at top of hill. Distance is 2 Miles from HQ

PLEASE NOTE THE FOLLOWING CTT REGULATIONS AND RECOMMENDATIONS

Rear Lights; In the interests of rider safety and in addition to the compulsory rear light required under regulation 14 (i), the advisory use of suitable hard shell helmets in competition for competitors over 18 years of age, London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Helmets; CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Parental Consent Forms for Under 18's; all competitors under age 18 must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet. No helmet, no parental consent, no ride.

Warming up; Competitors are requested not to warm up on the course after the first rider has started

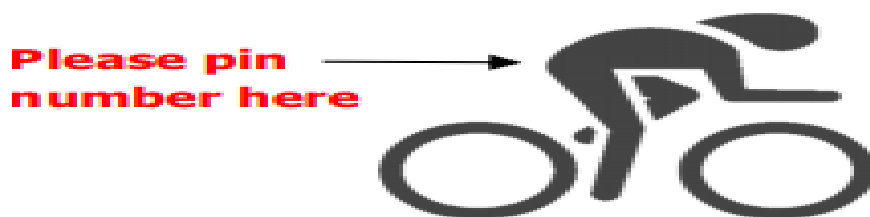
Competitors' Vehicles; No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish

Official Observers; Official observers will be stationed around the course

Sign on/Sign off; Regulations require you to **SIGN ON AND OFF**. Please return your number and sign off at the same time. Riders not doing so will be recorded as a DNF.

Results; No times will be given out at the finish. Please go to <https://resultsheet.co.uk/s/fd1203d8>

Race Numbers; The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.



COVID 19 HQ Restrictions; Unfortunately, due to continuing COVID-19 restrictions there are no Headquarters. Please park in the public car park adjacent to The Steyning Centre (free on Sundays) where indoor toilet facilities will be available. Please observe a 'one in, one out' discipline. Signing-in/out (with your own pen) and numbers will be situated outside of the building. Please return your number after your ride and place it in the bucket of disinfectant provided.

CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind.
- 3) Bring your own pen to sign on and, if you need them to affix your number, your own safety pins.

- 4) Take with you when you race a compulsory working rear light, a spare tyre/tube/tub and a mobile phone.
- 5) Please note you have to make your own way back in event of trouble – no collections offered.
- 6) No more than 5 riders, 2m apart, to wait at the start.
- 7) No items to be left at the start or with the timekeeper or in the time trials secretary's vehicle (which will be unavailable to riders while the pandemic is in progress).
- 8) No push-off.
- 9) After racing, please leave your number in the bowl of disinfected water when signing-out.
- 10) No social, no drinks, no food and do not expect times to be available near the finish; times will be on the club's website asap.
- 11) Please leave the car parking area in a timely fashion.

Please read the extra on the day safety information that will be located at the sign on desk.

Please exercise extra care when negotiating all junctions and roundabouts.

I have started the event earlier as the roads in the area are becoming busier after 9am.

For Results go to <https://resultsheet.co.uk/s/fd1203d8>

Have a safe and successful ride.

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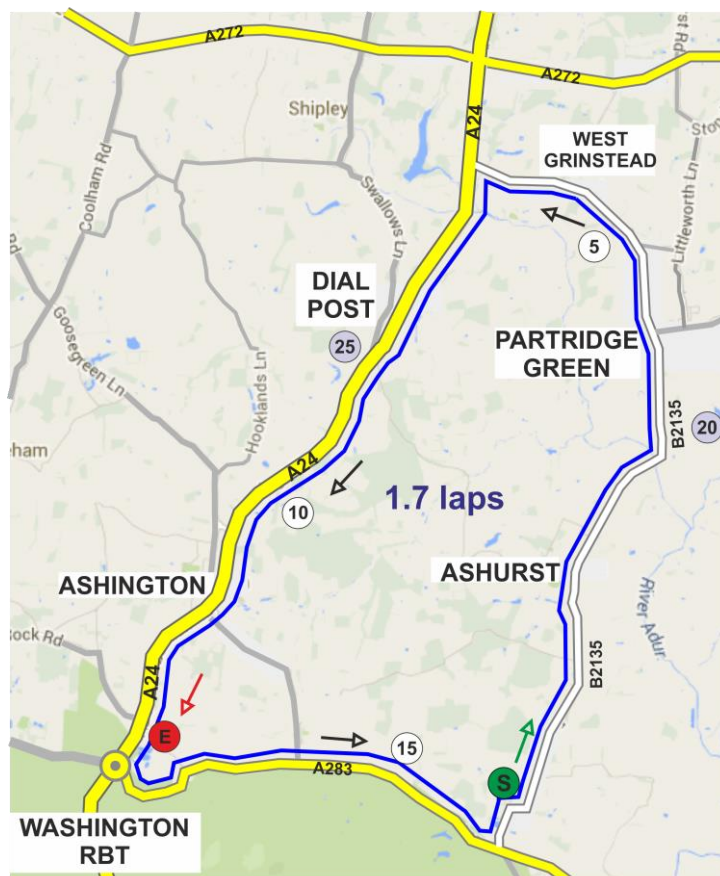
Sunday 23rd May 2021

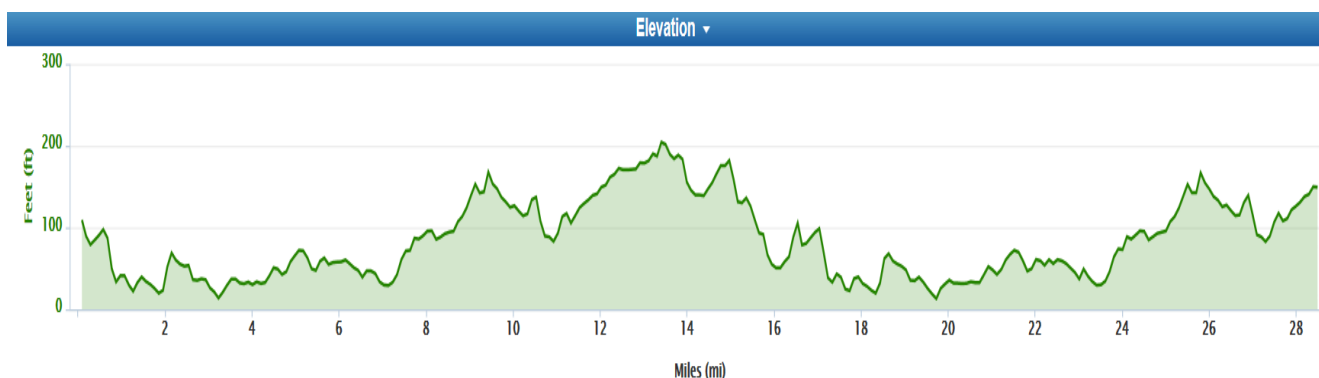
Awards

position	category	Prize (each)
1	TT bike on scratch	£30
2	TT bike on scratch	£25
3	TT bike on scratch	£20
1	Road Bike on scratch	£30
2	Road Bike on scratch	£25
3	Road Bike on scratch	£20
	Female team (any bike)	£15
	Male and female team (any bike)	£15
	One rider U16 (any bike)	£15
	One rider U18 (any bike)	£15
	Matching Pair Award (any Bike) with Closest matching outfits	£15

NOTE; Rules on 2 Up have changed making only pairs from the same club eligible to win the event even if they are not the fastest pair on the day.

Course GS/987





OS REF (TQ)	COURSE DIRECTIONS – GS/987	MILES	
172130	START on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	LEFT and follow A24 south to Washington RBT (roundabout) (CHECK)	5.88	12.56
172130	LEFT 1 st exit and follow A283 to junction with B2135. LEFT on B2135 to complete circuit at start by entrance to Wappingthorn Manor	3.88	16.44
165214	Continue northwards as before to T junction with A24 at West Grinstead	6.68	23.12
124141	LEFT and follow A24 south to FINISH at Bus Stop sign in deceleration lane 80 yards north of junction with The Hollow (was Rock crossroads)	5.34	24.86

Course Record

59:49 Steve Kane & Steve Dennis 2014

After 16 Miles - Note the give way markings on the junction of the A283 and the B2135.

The finish is half a mile before the Washington roundabout at the bus stop sign (not the bus shelter) at the slip road to the Hollow.

After the finish please filter left into the Hollow and use this small road to return to the HQ, turning left at the far end onto the A283 and retrace back to the Steyning Center HQ.

If you do return to the HQ via the Washington roundabout please ensure that you do not obstruct those riders still racing.